

RISK ALERT: Prohibited Recreational Activities

Recently, some participants have experienced serious injuries while taking part in activities under the Adventist organisation's control. RMS hopes this Risk Alert will both clarify and raise awareness about the types of activities that are considered acceptable or should be avoided. We recognise that while some activities may be considered high risk, they can also bring great memories and rewards for participants such as camaraderie, mastery and a sense of accomplishment; we want that to continue within reasonable and acceptable boundaries.



HIGH RISK

Notify RMS before undertaking these activities. RMS recommends that a Risk Assessment be completed and appropriate controls put in place.

ABSEILING
FLYING FOX AND GIANT SWINGS
INDOOR CLIMBING WALLS
ROPE COURSES

Above 1.8m must be reported to RMS.



PROHIBITED

ALL FORMS OF MOTORISED RACING & SPEED CONTESTS including on- and off-road vehicles.

BUNGEE JUMPING

FIREWORKS

GYMNASTIC REBOUNDING EQUIPMENT
including trampolines, mini tramps, springboards etc.

HANG GLIDING

INDOOR TRAMPOLINE PARKS & CENTRES

USE OF 2 OR 3 WHEELER ALL TERRAIN VEHICLES

USE OF SNOWMOBILES

PARACHUTING

PARAGLIDING



ACCEPTABLE

Conduct a Risk Assessment beforehand, implement appropriate controls, communicate clearly, ensure proper supervision of activity and always operate within local laws.

BIKE RIDING

Helmets must be worn, follow road rules and etiquette.

CANOEING

Helmets and life jackets, etc.

CAVING / ROCK CLIMBING

Unless abseiling is involved, in which case refer to the rules for abseiling.

FOUR WHEEL ALL TERRAIN VEHICLES, GO KARTS, MINI BIKING

NO motorised racing or speed contests. Must comply with road laws (registration, compulsory third party insurance).

HORSE RIDING

Helmets, etc.

ROCKET TUBE RIDING

Life jackets, etc.

SNOW SKIING

WATER SKIING

Boat owner must have skiing insurance and proper licence. State laws for both driver and observer must always be followed.

IMPORTANT NOTE:

While these activities listed above are acceptable they are NOT without risks, and injuries can still be sustained if proper care is not taken to ensure the safety of all participants.

Safer Disciples.

Please continue to have fun but go prepared and be thorough in your communication with all participants! Recreational activities are an integral part of our thriving Adventist movement, and if conducted safely, they offer unique opportunities to appreciate God's creation, our physical abilities and the community around us. Thank you sincerely for your part in ensuring the longevity of our church by keeping everyone safe.

Who should see this?

Please share this Risk Alert throughout Adventist schools, churches, campgrounds and offices.



ADVENTIST SCHOOLS



YOUTH DEPT / PATHFINDER CLUBS



ACTIVITIES AND CAMP CO-ORDINATORS

